# VCYSA Partnered with Indy 11 

U9 and U15 modified rules Modified July 2023

|  | U9/U10 | U11/U12 |  | U15 |
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| Law 1 - The Field | Minimum $45 \times 35$ yards Maximum $55 \times 45$ yards | Minimum $75 \times 55$ | $\mathrm{m} 80 \times 60$ yards | $100 \times 70$ yards |
| Law 2 - The Ball | A size 4 ball will be used. |  |  | A size 5 ball will be used. |
| Law 3 - The Players/ Substitutions | Games will be played 7v7, 1 of whom is the goalkeeper. <br> № one player will play goalkeeper for more than one-half of a single game. | Games will be play A single player may p | $m$ is the goalkeeper. position the entire game. | Games will be played 11v11, 1 of whom is the goalkeeper. A single player may play goalkeeper position the entire game. |
|  | Substitutions will be made at the discretion of the referee after a goal is scored, during goal kicks, your team's throw-ins. Substitutions MUST report to mid-field prior to stoppage uless for injury. |  |  |  |
| Law 3 - The Players/ Substitutions | The uniform is a jersey, shorts, soccer socks, shin guards and shoes. Nothing that could potentially cause injury to a player or another player may be worn (including jewelry and metal hair clips). The goalkeeper must wear a different color jersey (or penny) to distinguish them from the other players. |  |  |  |
| Law 4 Players Equipment | The uniform is a jersey, shorts, soccer socks, shin guards and shoes. Nothing that could potentially cause injury to a player or another player may be worn (including jewelry and metal hair clips). The goalkeeper must wear a different color jersey (or penny) to distinguish them from the other players. |  |  |  |
| Law 6 - Assistant Referees | 1 center referee is the minimum required for 7v7. |  | There will be two assistant referees (if available) who assist in determining out of bounds, offside. corner kicks and goal kicks. The referee may overrule assistant referees. |  |
| Law 7 - Game Duration | The game will be divided into 2 equal periods of 25 minutes with a 5 -minute half-time. Time will be continuous unless there is a stoppage for injury or extraordinary interruption. | The game will be divided in a 5 -minute half-time. | of 30 minutes with | The game will be divided into 2 equal periods of 35 min . |
|  | Time will be continuous unless there is a stoppage for injury or extraordinary interruption. The referee reserves the right to reduce the length of the periods to accommodate the time schedule, weather or temperature conditions. |  |  |  |
| Law 8- Start of Play | A kickoff starts play to begin the game, after halftime, and following a scored goal. The ball can move in any directions but may not be retouched by the kicker until any other player touches the ball. For the second period, teams exchange ends and defend the opposite goals. A goal may be scored directly from the kickoff. |  |  |  |
| Law 9 - Ball In and Out of Play | The ball is out of play when it has entirely crossed the sideline or goal line or when play has been stopped by the referee. Any ball striking a referee, goal post, or corner flag, and remaining on the field is in play. |  |  |  |
| Law 10 - Goal Scoring | A goal is scored when the ball entirely crosses the goal line between the goal posts and under the cross bar. |  |  |  |
| Law 11 - Offiside | Offside can only occur in the attacking third of the field beyond the build out line if a player is "cherry-picking". Defending teams will be awarded an indirect free kick from the offside players' position. *Referee will not have AR's so this call can be difficult for them to make. |  | While moving toward an opponent's goal, the offensive team may not have a player ahead of the ball unless there are two defending players between the player and the goal. Exceptions include when the player is in his/her own half of the field, or when a defender last touched the ball. The referee has the right to call or to not call the infraction depending upon whether the player is engaged in the play. |  |


|  | U9/U10 | U11/U12 | U15 |
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| Law 12 - Fouls and Misconduct | A. A direct free kick shall be awarded for the following infractions: <br> - Handling the ball <br> - Tripping <br> - Jumping or sliding at an opponent <br> - Holding <br> - Striking an opponent <br> - Pushing <br> - Violent charge <br> - Kicking <br> - Charging from behind |  |  |
| Heading: | - Intentional heading is not allowed in the U10 and U12 age groups. Heading is allowed in the U15 age group. |  |  |
| Law 13 - Free Kicks | Free kicks are either direct or indirect. Opponents are at least 8 yards from the ball on 7 v 7 sized fields until it is in play. Opponents are at least 10 yards from the ball on full sized fields until the ball is in play. The ball must be stationary when the kick is taken, and the kicker does not touch the ball a second time until it has touched another player. <br> Direct Kick: If a direct free kick is kicked directly into the opponents' goal, a goal is awarded. If a direct free kick is kicked directly into the team's own goal, a corner kick is awarded to the opposing team. <br> Indirect Kick: If the indirect free kick is kicked directly into the opponent's goal a goal kick is awarded. If the indirect free kick is kicked directly into the team's own goal a corner kick is awarded to the opposing team. Penalty kicks are awarded if a serious rule (12A) infraction takes place in the penalty area. All players except the goalie must stand out of the penalty box and behind the ball placement (12 yards) until the ball is kicked. The player taking the penalty kick cannot kick the ball again until any other player has touched the ball. The keeper must remain on the goal line until the ball is kicked. |  |  |
| Law 14 - Penalty Kicks | Penalty kicks are awarded if a serious rule (12A) infraction takes place in the penalty area. PKs should be taken 1 yd inside the centered edge of the penalty box. (A pk spot may not be clearly identified) Pk is taken when referee blows the whistle. No movement from GK or PK taker can happen until whistle blows. | Penalty kicks are awarded if a out of the penalty box and beh the ball again until any other p | ayers except the goalie must stand taking the penalty kick cannot kick e until the ball is kicked. |
| Law 15 - Inhound Throws | After the ball has entirely crossed the sideline, the team not last touching the ball shall be awarded a throw-in. Throw-in regulations: Both feet must be on the ground (on or behind the sidelines) while the throw is made. Both hands must throw the ball, directly over the head. <br> *For 7v7, - If a foul throw-in occurs, a player can have (1) rethrow before the other team receives the throw. |  |  |



